

# POINT LOMA NAZARENE UNIVERSITY

## Outdoor Adventures PED 168 (1)

Spring 2018

T/R 10:00-11:45

3/1/17-4/28/17

Class meets off campus

Instructor: Rich Hills

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Office Hours: T/R 9:30-10:45am or by appointment

### PLNU Mission

#### To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

**Course Description:** Instruction in the necessary skills and use of proper equipment for safe, enjoyable wilderness outings. Concepts of survival, route-finding, leadership and trip planning for backpacking, rock climbing, and whitewater rafting are part of the student's experience.

**Overall Objective:** To develop approach tendencies to rock climbing and outdoor adventures.

**Suggested Text:** How to Rock Climb by John Long

**Performance Outcomes:** Each student will:

1. Demonstrate proper techniques and safety in belay systems, anchoring, spotting, knot tying and care of equipment.
2. Participate in outdoor trips to Lake Perris and an overnight weekend to Kernville.
3. Traverse # of pieces across PLNU's climbing wall (14 men; 11 women).
4. Traverse # of squares across Pump wall (6 men; 3 women).
5. Climb Amphitheater at Santee rocks.
6. State basic knowledge and safety of rock climbing.

**Evaluation:**

- |   |            |
|---|------------|
| 1. Attendance and participation (25 @ 6pts.)          | 150 points |
| 2. Trips (Lake Perris – 25 pts.; Kernville – 75 pts.) | 100 points |
| 3. PLNU wall traverse                                 | 25 points  |
| 4. Pump wall traverse                                 | 25 points  |
| 5. Amphitheater                                       | 25 points  |
| 6. Final exam   | 200 points |

**Grade Scale:**

A – 90 – 100%

B – 80 -89%

C – 70-79%

D – 60-69%

F – 59%

Special Attentions: The class meets two days per week. It is essential that you attend and participate. Your grade may be lowered if you miss more than two class meetings.

General Education:

This Course is one of the components of the General Education Program at Point Loma Nazarene University, under the category of “Exploring an Interdependent World, Physical Fitness and Nutrition.” By including this course in a common educational experience for undergraduates, the faculty supports an introduction to the natural and social sciences as tools for exploring the world, with emphasis on collecting and interpreting empirical data for both theoretical and practical purposes.

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### **FINAL EXAMINATION POLICY**

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](#) site. No requests for early examinations or alternative days will be approved.

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### **PLNU COPYRIGHT POLICY**

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

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### **PLNU ACADEMIC HONESTY POLICY**

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one’s own when in reality they are the results of another person’s creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

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### **PLNU ACADEMIC ACCOMMODATIONS POLICY**

If you have a diagnosed disability, please contact PLNU’s Disability Resource Center (DRC) within the first two weeks of class to demonstrate need and to register for accommodation by phone at 619-849-2486 or by e-mail at [DRC@pointloma.edu](mailto:DRC@pointloma.edu). See [Disability Resource Center](#) for additional information.

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### **PLNU ATTENDANCE AND PARTICIPATION POLICY**

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See [Academic Policies](#) in the Undergraduate Academic Catalog.

