

<p style="text-align: center;">Academic Policies Committee Short Form Proposal Template</p>

Schools/departments should use this short form to submit proposals:

- Needing only APC approval (revision of course descriptions including title, number or prerequisites, alternate year listing in the Catalog and the cross listing of courses); or
- Eliminating (or adding?) 1-3 courses which don't impact other programs or
- Eliminating a minor, concentration, credential program or certificate which doesn't impact other programs (confirmed by direct administrative report - college dean or provost).

All submitted proposals need to adhere to the following template in order to facilitate the work of the Academic Policies Committee.

- 1) **Who - Academic Unit Name: Department of Kinesiology**
- 2) **Impact**- Will this proposal impact other departments, schools or Ryan Library (Yes/No)? If yes, please describe and provide date of contact to respective personnel: No.
- 3) **What - Proposal Summary:**
 - a) **Applied Health Science Major**
 - i) Remove KIN440 - Measurement, Statistics, and Evaluation of Human Performance (3) as an upper division requirement and move MTH203 - Introduction to Statistics (3) to the list of lower division requirements
 - ii) Add KIN495 - Kinesiology Capstone (1) to the upper division required classes
 - iii) Merge the two elective lists: "Choose 2 UD classes" and the "Choose 7 units list" into one list of electives requiring students to complete a minimum of 12 units with at least 7 units being upper division.
 - iv) Add the following courses to the new combined list:
 - BIO211- Ecological and Evolutionary Systems (4)
 - BIO315 - Microbiology (4)
 - CHE/BIO450 - Advanced Biochemistry (4)
 - CHE304 - Organic Chemistry II (4)
 - EXS350L - Fitness Assessment and Exercise Prescription Lab (1)
 - KIN340L - Physiology of Exercise Lab (1)
 - b) **Exercise and Sport Science Major**
 - i) Add KIN 495 - Kinesiology Capstone (1) to the upper division required courses
 - ii) To change the requirement in the Exercise and Sport Science major from "KIN 440: Measurement, Statistics and Evaluation in Kinesiology" to KIN 440 or MTH 203 (Introduction to Statistics).
 - c) **Changes to specific courses**

- i) EXS350 - Fitness Assessment and Exercise Prescription: Remove KIN340 - Physiology of Exercise (3) and KIN340L - Physiology of Exercise Lab (1) as pre-requisites, add Junior/Senior status to register
- ii) KIN312: add Junior/Senior status to register
- iii) ATR385: add BIO140 as a prerequisite
- iv) PED350 - Foundations and Techniques of Coaching (4) : Reduce to 3 units
- v) KIN 280 - Introduction to Athletic Training and KIN 280L Athletic Training Laboratory. Change the name of KIN 280 and KIN 280 L from Introduction to Athletic Training and Introduction to Athletic Training Laboratory to Care and Prevention of Athletic Injuries and Care and Prevention of Athletic Injuries Laboratory, respectively

d) Addition of a capstone course

- i) Kinesiology 495 - Kinesiology Capstone (1) required for both Applied Health Science and Exercise and Sports Science (see Appendix A for course syllabus)
(1) Description: Capstone course taken by graduating Applied Health and Exercise and Sport Science majors in the department of Kinesiology. Course topics include integration of faith into vocation, graduate schools and application preparation, development of cover letter and resume, and writing/presenting a culminating senior project.

4) **When** – Academic Year and Semester Changes to Take Place: **Fall 2018**

5) **Why – Proposal Rationale** (might include):

a) Applied Health Science Major

- i) The main external factor driving this proposal is the change in requirements of physical therapy and physician’s assistant programs. Many more of these programs previously allowed KIN440 to meet the statistic prerequisite. Now most of these programs only accept statistics offered within the mathematics department. Therefore, removing KIN440 as an UD requirement and adding MTH 203 to the LD requirements of the this major prepares our majors for graduate school. Since MTH 203, a LD course, is replacing an UD requirement we have also increased the number of UD units taken as electives (see proposal #3)

ii) See rationale below for creating KIN495 - Kinesiology Capstone (1)

iii) Restructuring course options and reducing the elective options from two menus of courses to one will allow students to make choices which tailor their undergraduate degree to allow them to meet the prerequisites for their chosen graduate school. As the Kinesiology department continues to grow in size the complexion of our students, specifically in the applied health science major continues to change. Currently, we advise students who may be applying to graduate programs in physical therapy, physician assistant, medicine, occupational therapy, nursing and chiropractic care. This increase in the variety of our students has increased the number of exceptions emails (30-50 year) being sent to records. Reducing the electives list to 1 menu and adding courses will therefore reduce the time our faculty and chairs spend sending emails,

creates advising efficiency in our department, and reduces the burden on the records office staff.

iv) Same rationale as #2 for adding these courses.

b) Exercise and Sport Science Major

- i) See rationale below for adding capstone course - Letter D "Addition of Capstone Course"
- ii) One of the main external factors driving this proposal is the change in requirements of occupational and chiropractic schools. Many more of these programs previously allowed KIN 440 to meet the statistic prerequisite. Now most of these programs only accept statistics offered within the mathematics department. In addition to the external factor, one internal factor that has drive this proposal is the newly formed Pre-Allied Health concentration within the current Exercise and Sport Science major. With the inception of this new curricular route for pre-athletic training, occupational therapy and chiropractic students it becomes imperative to provide students with the option of statistic courses to ensure they have the prerequisite courses they need to apply to graduate school.

c) Changes to specific courses

- i) After teaching EXS350 for 4 years, we realize that these pre-reqs are not necessary. Limiting this course to Juniors and Seniors only will ensure they have the maturity and knowledge needed to succeed in this course.
- ii) Since KIN312 has no prerequisite, Freshmen and Sophomores were enrolled in the course with increasing frequency. Additionally, KIN312 requires students to critically apply previous knowledge from lower division courses taken as a freshman and sophomore, therefore, adding this requirement ensures they are prepared to take this course.
- iii) ATR385 - Pathology of Injury and Illness (3). This course builds upon the foundational knowledge students gain in BIO 130 and BIO 140 and is taught by an emergency medicine physician. As such, students need to have learned the basic information about all organ systems (i.e. BIO 130 and 140) prior to taking this course in order to allow students to go deeper in their learning of pathophysiology.
- iv) The pedagogy for PED 350 - Foundations and Techniques of Coaching, has changed significantly over the past 5 years. The department historically utilized this course for students pursuing a teaching credential in Physical Education and/or a full time coaching job. However, with the addition of a new major (EXSS) in 2014 and the phasing out of our physical education major the students are no longer required to complete practicum hours within the course. From a pedagogical standpoint, we contend that PED 350 necessitates a reduction from 4 units to 3 units since students are no longer required to complete practicum hours as part of the course. Currently, students who need coaching practicum or internship hours enroll in KIN 484 - Practicum in Kinesiology or KIN 488 - Internship in Kinesiology to complete those hours. Therefore removing 1 unit from PED 350 accurately reflects the way the course is currently taught. Since PED 350 is a required course in the Athletic Coaching minor, the change will also make the course more convenient to fit into the schedules of students outside of our department.

v) In 2018-2019 the accredited undergraduate athletic training program will be deleted from the catalog and no longer offered as a major within the Kinesiology Department. When KIN 280 and KIN 280L were originally taught both courses were geared towards preparing pre-athletic training majors to transition into the first year of the undergraduate athletic training program. Since the athletic training major will no longer be offered as a major the content being delivered along with the title of the course should change to reflect the type of student taking the course. Additionally, many of our comparator schools and local junior colleges have similar courses and the name of those courses is Care and Prevention or Care and Prevention of Athletic Injuries.

d) Addition of KIN495

i) Rationale: The Kinesiology faculty have recognized the need for a capstone course for a few reasons: 1) students in Applied Health Science and Exercise and Sport Science reported during our program review that they would benefit from a capstone experience similar to the Athletic Training students (ATR 494) in which they can accomplish professional development, resume and cover letter writing, exploration of graduate schools and/or career opportunities, and culminating experiences that reinforce their knowledge and skills; 2) a capstone course will encourage students to reflect deeply on their vocation as professionals in the health, fitness, teaching and coaching professions; 3) recent data from an alumni survey and our current seniors have demonstrated a need for professional socialization (i.e. graduate school application/interview preparation, interview preparation) in the senior year; and 4) a capstone course enables us to assess core competencies in our programs through summative projects and assessments during the Senior year.

Additionally, the department has a robust introductory experience for students in vocation and faith in KIN101 - Introduction to Kinesiology, but we have been lacking a summative experience for students to apply what they have learned over their college career and close the loop on vocation and faith as they leave PLNU.

Finally, this does not add a unit to the major because we lowered the number of major elective units from 13 to 12 with the addition of KIN495 to the upper division required courses.

ii) Student Learning Outcomes:

- (1) Students will be able to clearly and effectively articulate how their faith and vocation inform their career choice and day to day activities in their career (DLO #s 3,5)
- (2) Students will develop of professional resume and other application materials preparing them for graduate school applications
- (3) Students will improve upon professional interview skills and strategies

(4) Students will access, read, interpret, analyze, and synthesize information from various primary and secondary sources in their discipline to form a highly coherent and applicable senior thesis. (DLO #1,2,4)

iii) Learning Outcomes that will be met by this Course:

(1) Serve various populations in clinical, educational and/or athletic settings as they live out their vocation & calling. (integrate compassionate care and the Christian faith with their professional practice). (AHS LO#5; EXS LO#6)

(2) Applied Health Science LO: articulate their post-graduate educational and career callings in light of their life purposes. (AHS LOs #5-6)

(3) Exercise and Sports Science LO: Critically evaluate and integrate new information into professional practice in order to solve relevant health problems; speak and write effectively to a target audience on preventing and intervening in such problems. (EXS LOs #2-4)

6) **How – Curricular Changes:**

7) A. Step 1: In the Catalog Review folder (H:\Catalog Review) provided by the VPAA Office use *track changes* to prepare the proposed catalog text.

8) B. Step 2: Arrange a meeting with the APC chair and Records liaison to review the catalog text proposal and receive assistance in submission of proposed catalog copy. Include this with your proposal.

Total course/unit additions: 1/0 (+1 unit for exercise and sports majors)

Total course/unit deletions: 0

Staffing increase/decrease: 0

Library resourcing impact: None

Net Financial impact: None

I have reviewed this proposal and the items above and believe the proposal meets all university requirements, do not impact other departments or programs, and is ready for APC review.

Department or School Direct Report:

_____ Date _____

College Dean or Provost as applicable:

_____ Date _____

Note: Submit completed short form proposal to the APC chair not later than one month prior to the APC meeting at which you hope it can be placed on the agenda.

Appendix A

Department of Kinesiology

KIN 495 - Kinesiology Capstone

1 unit

Meeting days: TBD	Instructor title and name:
Meeting times: TBD	Phone:
Meeting location: TBD	E-mail:
Additional info: TBD	Office location and hours:
Final Exam: (day/time) TBD	Additional info:

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

This capstone course is a culminating experience taken by graduating Applied Health and Exercise & Sport Science majors in the department of Kinesiology. Course topics include integration of faith into vocation, preparation for graduate schools and the application process, development of cover letter and resume, and writing and presenting a culminating senior project.

COURSE LEARNING OUTCOMES

Because this is a capstone course for our majors, the course learning outcomes reflect the Kinesiology department learning outcomes. Upon completing this course, students should be able to accomplish and will be measured on the following:

1. Students will be able to clearly and effectively articulate how their faith and vocation inform their career choice and day to day activities in their career (DLO #s 3,5)
2. Students will develop of professional resume and other application materials preparing them for graduate school applications
3. Students will improve upon professional interview skills and strategies
4. Students will access, read, interpret, analyze, and synthesize information from various primary and secondary sources in their discipline to form a highly coherent and applicable senior thesis. (DLO #1,2,4)

ASSIGNMENTS AND GRADING

This class is pass/fail as determined by requirements described below. *Note that any student who does not complete the written and oral project or who misses the ETS exam will not pass the course.

Written and Oral Report: Near the start of the semester you will work with a faculty member in your major to select a topic for giving a written (min 10 pages including abstract, bibliography, and table of contents) and an oral (10 minutes) report. The reports will be scored by faculty using a rubric (which is attached to the end of this syllabus). Your topic must include things that you have learned outside of regular coursework. You may report on your honors thesis, your internship, or a topic from your discipline that you want to learn more about.

Professional Development Plan-This plan involves 4 components:

1. Join a professional organization relevant to your future profession (i.e. the NATA, ACSM, NSCA, ACE, etc. As a future professional in Kinesiology, it is strongly recommended that you become familiar with the history, code of ethics, and standards of the organization that guides your future profession.
2. Write a 1-page executive summary of the Bureau of Labor Statistics data on your future career, with an industry market analysis (job prospects, starting salary, etc.)
3. Mock Interview and Resume Review: everyone in class is expected to schedule a mock interview and resume review through the Office of Strengths and Vocation (OSV). Details will be handed out in class.
4. Complete your Resume/Cover Letter or develop a LinkedIn profile that outlines your education, interests and accomplishments. You may use the OSV resources below:
 - [Office of Strengths and Vocation Career Resources](#)

Reflection on Vocation:

You will be given readings from the text that will be specifically related to vocation. Along with that reading you will be given a list of questions for reflection to be turned in periodically throughout the course.

General Education ETS Exam:

As per the assessment requirements of the school, a GE exam will be administered in an effort to determine how well our GE classes have met PLNU's objectives.

Final:

We will meet at the final exam time for a summative experience.

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 - 3) **What - Proposal Summary:**
 - i) For two concentrations in the Exercise and Sport Science Major (i.e. Fitness Professional and PE & Sport Performance) to add the following courses to the elective options in the Concentration (i.e. "Choose a minimum of..."):
 - KIN327L Applied Biomechanics Laboratory (1)
 - KIN 375 - Movement Interventions and Corrective Exercise (2)
 - 4) **When** - Academic Year and Semester Changes to Take Place: **Fall 2018**
 - 5) **Why - Proposal Rationale** (might include):
 - i) APC approved a new concentration in Pre-Allied Health this fall. That program introduced KIN 327L and KIN 375 as required courses. In preparing for this academic advising session, we realized that students in the other two concentrations in the Exercise and Sport Science majors would also benefit from having these courses as options but not required courses. Listing these courses would also prevent the need to petition Records for course substitutions in the coming years.
 - 6) **How - Curricular Changes:**
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Staffing increase/decrease: 0

Library resourcing impact: None

Net Financial impact: None

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