

## KIN2080 Section 1 - Fall 2019

**Dates:** 9/4/19 - 12/20/19

**Meeting Day, Time, &**

**Location:** Tuesday/Thursday 1:30pm - 2:25pm, Taylor Hall 311

**Credit Hours:** 2

### PLNU MISSION

*To Teach ~ To Shape ~ To Send*

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

### INSTRUCTOR INFORMATION



**Instructor:** Ryan Nokes, PhDc, ATC

**Email:** [ryannokes@pointloma.edu](mailto:ryannokes@pointloma.edu)

**Office Hours:** Appointment Only

### COURSE DESCRIPTION

Recognition and initial care of commonly occurring injuries to active people. Objective methods of determining if a person is able to continue to play following injury or if referral to medical care is required.

### INSTITUTIONAL LEARNING OUTCOMES (ILO)

- 1. Learning, Informed by our Faith in Christ**
  - Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits of the mind that foster lifelong learning.
- 2. Growing, In a Christ-Centered Faith Community**

- Students will develop a deeper and more informed understanding of others as they negotiate complex professional, environmental and social contexts.
- 3. **Serving, In a Context of Christian Faith**
  - Students will serve locally and/or globally in vocational and social settings.

### **DEPARTMENT LEARNING OUTCOMES (DLO)**

1. Students will engage and demonstrate competence in current knowledge in human movement, physical fitness and allied healthcare; evidenced by the ability to critically evaluate, creatively apply and effectively communicate essential information in their discipline.
2. Students will demonstrate an appreciation for the beauty and gift of the human body—and the benefits of optimal health and physical fitness—by actively pursuing a healthy lifestyle.
3. Students will apply their emerging knowledge for the benefit of their clients, patients and the community.

### **COURSE LEARNING OUTCOMES (CLO)**

1. Delineate the realm of sports medicine and understand the profession of Athletic Training within the healthcare system.
2. Be conversant in the medical terminology related to Athletic Training and sports medicine.
3. Understand and utilize the components of the orthopedic examination process to identify the cause and signs & symptoms of the most common athletic injuries and illnesses.
4. Identify the methods for preventing, evaluating and treating injuries and illnesses that occur in the active population.

### **COURSE CREDIT HOUR INFORMATION**

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 2-unit class delivered over 15 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request.

### **ROLES AND RESPONSIBILITIES**

#### *Instructor*

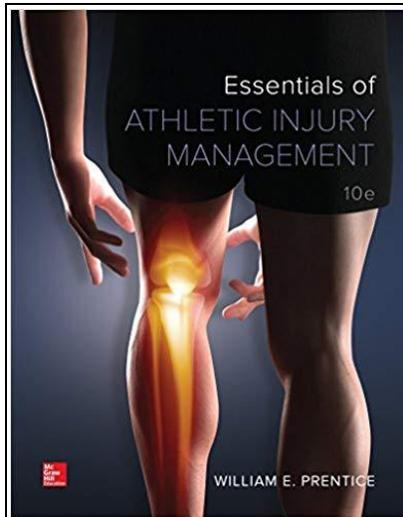
As your instructor, my role is to create a positive, safe, and open learning environment. We will take a team-orientated approach to learning where we will work together to dive deep into the material, have meaningful conversations, and become deep learners. My hope is that you will, in some way, grow both intellectually and personally once this course concludes.

#### *Student*

As a student, your role is to engage in the material, become responsible for your learning, and to work as a team with your instructor and your peers to become deep learners. You are

required to come to class on-time and prepared to have meaningful conversations. To be successful in this course, you must complete the required readings and assignments on-time.

## RECOMMENDED TEXT



[Essentials of Athletic Injury Management, 10th Ed. \(Links to an external site.\)](#)

William E. Prentice

## ASSESSMENT AND GRADING

### *Course Assignments*

Assignment Name	Points
Attendance and Participation	100
Quizzes	100
Discussion Board Posts	50
Article Critiques	100
Unit Examinations	300
Group Video Project	150
Final Examination	200
<b>Total Course Points</b>	<b>1000</b>

### Grade Scale

<b>A</b>	93-100	<b>B-</b>	80-82	<b>D+</b>	67-69
<b>A-</b>	90-92	<b>C+</b>	77-79	<b>D</b>	63-66
<b>B+</b>	87-89	<b>C</b>	73-76	<b>D-</b>	60-62
<b>B</b>	83-86	<b>C-</b>	70-72	<b>F</b>	0-59

### PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See [Academic Policies](#) in the Undergraduate Academic Catalog.

### INCOMPLETE AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. An incomplete will only be assigned in extremely unusual circumstances.

### PLNU FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](#) site. No requests for early examinations or alternative days will be approved.

### PLNU ACADEMIC ACCOMMODATIONS POLICY

If you have a diagnosed disability, please contact PLNU's Disability Resource Center (DRC) to demonstrate need and to register for accommodation by phone at 619-849-2486 or by e-mail at [DRC@pointloma.edu](mailto:DRC@pointloma.edu). See [Disability Resource Center](#) for additional information.

### PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and

students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

### **PLNU COPYRIGHT POLICY**

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