

SYLLABUS



Kinesiology/Point Loma Nazarene University

EXS 480 Leadership

3 Units

Fall 2017

Meeting days: Monday	Instructor title and name: Rich Hills
Meeting times: 5:00 – 7:30	Phone: 619-849-2206
Meeting location: PE1	E-mail: rhills@pointloma.edu
Final Exam: (day/time)As Posted	Office location and hours: Kin 2
Additional info:	Additional info:

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

This course surveys general organizational leadership principles and their application to the organization and administration of the health/fitness, coaching and physical education professions. Emphasis is on business management principles and operational concepts, including organizational structure, facility management, industry standards and guidelines, and personnel management practices. Case studies, special guest speakers, exercises and group projects facilitate the practical application of leadership by students.

Role of the Course:

A study of success and leadership issues faced by kinesiology personnel working in allied health, athletics, education and intramurals fields.

Unlike other Exercise Science/Kinesiology courses is a “hands on, big picture” course. Leadership is about recognizing opportunities and then choosing then proper behavior and course of action to bring about change. In the multitude of variables, weighing the ins and outs of leadership formulation and implementation forces the total person, who would be leader, to step forward and actually lead.

Leadership and success share many similar principles and attitudes. Therefore, our study will cross over on many occasions to include matters, definitions and habits of success as defined by numerous authors.

Course Objectives:

- To investigate the differences between the roles of leadership and management
- To provide an opportunity to explore, in a safe environment, how to lead (try it out)
- To provide a place to practice the art of leadership. Students are placed in environments where they are expected to practice the necessary skills, behaviors, and concepts that make up the leadership literature
- To investigate and review a wide variety of leadership concepts, practices and theories
- To understand and compare “big L” and “little l” definitions of leadership

COURSE LEARNING OUTCOMES

As a result of this course, you will be able to:

- Articulate the major theories of Leadership thought
- List traits and behaviors that influence leadership capability
- Recognize and act upon opportunities for leadership
- Find and evaluate literature on Leadership
- Evaluate the dilemmas in Leadership situations
- Articulate the reasons for decisions made in Leadership
- Define success and articulate common principles related to optimizing success

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3 unit class delivered over 14 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request.

REQUIRED TEXT and REQUIRED READING

Borland, Kane and Burton, (2015) *Sport Leadership in the 21st Century*, Jones and Bartlett

Hardy, *The Compound Effect*

One additional book on leadership and success

Various articles related to chapters

COURSE SCHEDULE AND ASSIGNMENTS

DATE PRESENTED	CLASS CONTENT OR ASSIGNMENT	ASSIGNMENT DUE DATE
Week 1	Introduction and expectations, book assignments, Compound Effect, Big L – Little l, Interview and Dream Job	
Week 2	Chapter 1, Book Report,	
Week 3	Chapter 2, Compound Effect paper, Book Report	
Week 4	Chapter 3, Book Report	
Week 5	Chapter 5, Book Report	
Week 6	Chapter 6, Book Report	

Week 7	Chapter 7, Book Report	
Week 8	Chapter 10, Book Report	
Week 9	Chapter 11, Book Report, Special Projects	
Week 10	Chapter 13, Book Report, Special Projects	
Week 11	Chapter 14, Book Report, Special Projects	
Week 12	Chapter 15, Book Report, Special Projects	
Week 13	Chapter 16, Book Report, Special Projects	
Week 14	Special Projects	

ASSESSMENT AND GRADING

Weekly Chapter Quiz 12 @ 5 pts.	60 pts
Chapter Facilitator	20 pts
Book Report	50 pts
Participation 13@ 10 pts	130 pts
Compound Effect	50 pts
Speaker Reflections 7@ 10 pts	70 pts
Special Project	50 pts
Field Trip Write-up	25 pts
Interview	25 pts
Dream Job	10 pts
Discussions 14@3 pts	52 pts

A = 90% + D = 60% +

B = 80% + F = - 59%

C = 70% +

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Late assignments lose 1 point per day past due date. Incompletes will only be assigned in extremely unusual circumstances.

FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](#) site. No requests for early examinations or alternative days will be approved.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

If you have a diagnosed disability, please contact PLNU's Disability Resource Center (DRC) within the first two weeks of class to demonstrate need and to register for accommodation by phone at 619-849-2486 or by e-mail at DRC@pointloma.edu. See [Disability Resource Center](#) for additional information.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See [Academic Policies](#) in the Undergraduate Academic Catalog.